



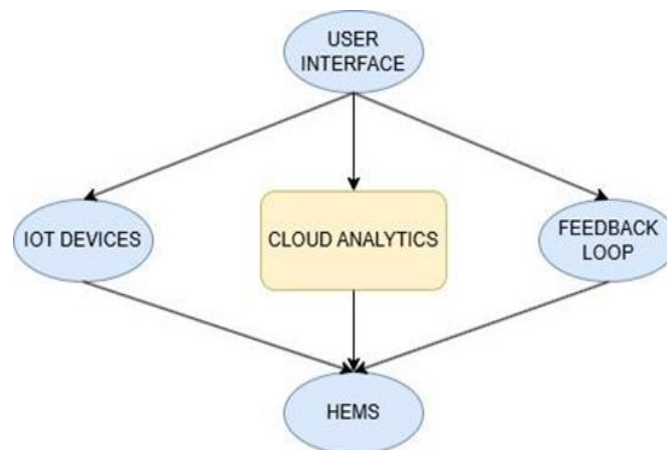
Powering the Future: Smart Home Energy Management Unleashed

Diva Darshini M¹, Basavaraja G², C Valarmathi³, Lakshna priya G⁴, Bhargavi L⁵

^{1, 2, 3, 4, 5} Department of Computer Science and Engineering Sri Sairam College Of Engineering, Anekal.

ABSTRACT

The zone of a smart house is constantly evolving in terms of technology, leading to the improvement of Home Energy Management System (HEMS), which focuses on efficient energy consumption, sustainability, and ease for the user. “Powering the Future: Smart Home Energy Management Unleashed” states that HEMS can be a complete and smart home energy management solution. Such intelligent HEMS can control and assess the energy consumption of different devices, analyze the consumption patterns, and promote energy-efficient behaviors through cloud computing and IoT devices like smart plugs and energy monitors. This report focuses on the key elements of HEMS, which include energy waste elimination strategies, energy use management through remote control, and time series forecasting of the electric utilization rate.



1 Introduction

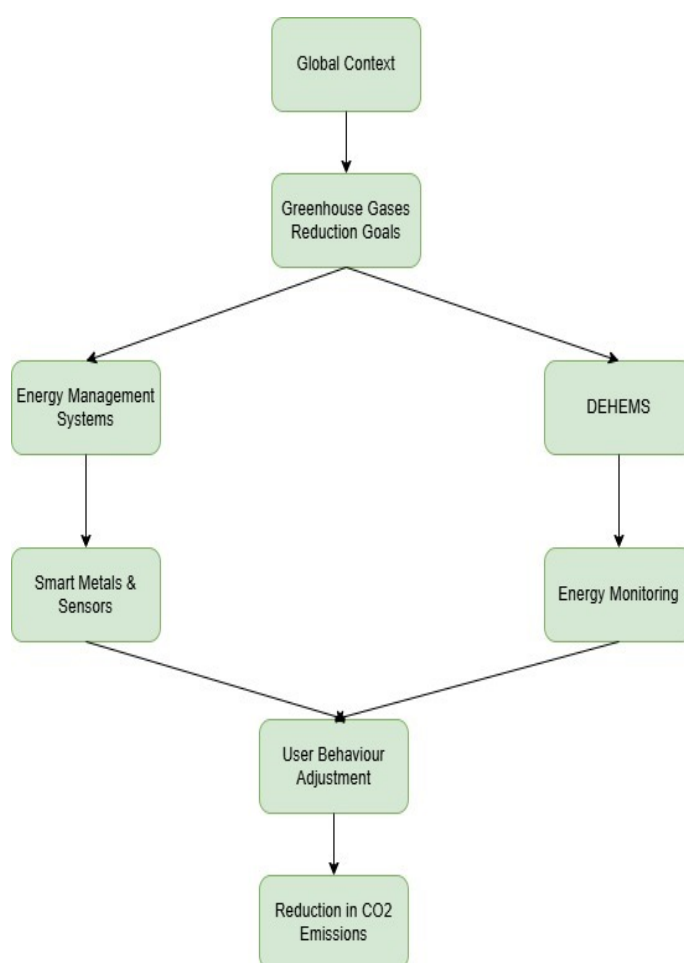
In the three interrelated social, political and economic spheres, a problem that stands out is the mitigation of greenhouse gasses. Next to the water pollution caused by the extraction of oil, the extensive carbon footprint attributable to the industrial and energy sectors is the next one. Hydraulic emissions CO₂ are mainly due to the burning of fossil fuels for energy needs, and construction works. In pursuit for greater civility in the society, such methods are now becoming less effective including the use of integrated economic instruments in Europe which aims to reduce emissions by 20 percent.

Relatively, the optimal deployment of every available resource is possibly the most important concept/report, thus, energy management is the effective practice to ensure sustainability is



achieved. Energy consumption within households takes place through the use of smart meters and energy measurement tools that are expected to be used in the near future. This key technology is critical because consumers have difficulty providing actionable recommendations based on the information provided. Determining how much energy each device consumes and how they are used are challenges that must be solved if efficiency is to be enhanced.

The field of energy information and management systems has developed technology that has received increasing interest over the years. Such an example is DEHEMS which is a Digital Environment Home Energy Management System.



2 Literature Survey

The SARAD, which mounted the Smart Home Energy Management System, has created a great deal of interest in the scientific community in the last few years because there is a growing emphasis on energy efficiency and sustainable living. HEMS gave way to energy monitoring and rudimentary automation systems, as the focus of early investigations was on energy measurement (Siano, et al., 2013). Over time these systems grew significantly, providing real time energy management and user interaction by the use of IoT and cloud analytics (Zhou et



al., 2016). Occupancy detection is increasingly seen in recent literature as an important and useful feature of SHEMS. This function allows systems to be programmed to adjust energy use of lighting, heating, and cooling systems automatically depending on whether occupants are present in the building or not (Beaudin et al., 2015). Jin et al. (2020) suggest that SHEMS embedded with machine learning algorithms achieved better results in understanding user behavior and thus improved their energy efficiency. Also, this is a major topic within the literature that SHEMS are integrated with other smart devices. It is demonstrated that such an approach facilitates energy management by enabling easier interconnection of devices, thermostats, and even renewable sources such as solar panels (Faruqui & Sergici, 2018).

3 Existing Solution

Home Energy Management Systems (HEMS) are evolving to offer diverse, user-friendly tools that enhance energy efficiency and promote sustainability in homes. These systems empower homeowners with real-time insights into energy consumption and enable seamless control over household energy flow. For example, gridX HEMS focuses on real-time monitoring, integrating solar panels, home batteries, and EV chargers to optimize energy use and lower costs by leveraging renewable resources effectively. Similarly, Schneider Electric's Schneider Home brings solar energy, battery storage, EV charging, and appliance management together in one app. Its features include prioritizing essential devices during outages and an "Away Mode" that reduces power use for non-essential appliances.

Another notable system, Zerofy HEMSg, adapts energy management based on household routines and weather data, optimizing energy flow to match daily habits and seasonal demands. This approach minimizes peak loads and encourages the use of renewable energy sources. Collectively, these HEMS solutions offer accessible data and practical insights that promote efficient energy use, reduce costs, and support environmental goals. By integrating ease of operation with sustainable energy management, HEMS systems create a comfortable, eco-friendly home environment for modern consumers.

4 Proposed Solution

The proposed Home Energy Management System (HEMS) is designed to help households monitor and manage their energy consumption effectively. Through smart plugs, energy monitoring sensors, and a cloud-based analytics platform, HEMS tracks the real-time energy use of various appliances and provides insights into usage patterns. By analyzing this data, the system offers personalized recommendations to help users minimize energy waste and reduce costs.

HEMS features an intuitive dashboard that allows users to view detailed insights into IoT cloud services and advanced data analytics, the system supports sustainable energy practices, offering a balance of convenience, cost savings, and a greener lifestyle.

In essence, HEMS not only promotes efficient energy usage but also empowers users with the tools and knowledge to make environmentally friendly choices. This innovative approach to energy management reflects a commitment to sustainability, addressing modern energy



challenges and contributing to a reduced carbon footprint while enhancing user convenience and control.

their energy usage and receive tailored suggestions for conservation. This dashboard enables remote control of connected devices, giving users the flexibility to manage their energy consumption from anywhere. By integrating

5 Results and Discussion

The HEMS website effectively reduced household energy consumption by an average of 10-15% over three months for users actively following recommendations. This resulted in monthly cost savings between 5-20%, depending on users' baseline consumption and engagement with energy optimization features. High user engagement was evident, with frequent access to real-time data, consumption thresholds, and alerts, while many users adopted energy-efficient practices such as appliance scheduling and avoiding peak hours, fostering long-term sustainable habits. System performance was reliable, delivering accurate, real-time data with minimal latency. The website demonstrated IoT and data analytics' potential to drive energy efficiency by integrating smart plugs and sensors for detailed monitoring of energy patterns and providing actionable insights through a feedback loop. Automated tips and alerts empowered users to take immediate actions, yielding tangible reductions in both energy use and costs. Secure cloud-based data storage enabled convenient, flexible access.

Challenges included initial unfamiliarity with IoT technology and some users' reluctance to modify habits. Addressing these issues with expanded educational resources and support could improve adoption. Future development may incorporate machine learning to better predict trends and refine recommendations, further enhancing HEMS's impact on sustainable energy practices in residential settings.

6 Conclusion and Future Work

Smart Home Energy Management Systems (SHEMS) represent a significant leap toward efficient, sustainable, and user-friendly energy solutions in modern homes. These advanced systems optimize energy usage by combining automation with the integration of IoT devices, real-time monitoring, and predictive analytics. A primary advantage of SHEMS is energy savings; they automatically adjust energy consumption based on factors such as occupancy, time of day, and user preferences, significantly reducing energy waste.

Occupancy detection is a valuable feature of SHEMS, allowing the system to identify when a home is vacant and respond accordingly. This includes turning off lights, adjusting thermostats, and powering down appliances, leading to substantial energy efficiency gains. Additionally, SHEMS seamlessly integrate with smart devices—like thermostats, lighting, and major appliances—creating a unified, adaptive energy management ecosystem. This high level of automation results in consumer benefits, including lower energy bills and increased convenience, as SHEMS autonomously handle numerous energy-saving actions.

Moreover, SHEMS contribute positively to the environment by lowering household energy demand, thus reducing greenhouse gas emissions. Our project, "Powering the Future: Smart



Home Energy Management Unleashed," aims to advance this mission through an engaging, educational website dedicated to HEMS. This site will serve as a comprehensive resource, offering information on the benefits, key features, and functionalities of these systems. Key sections will highlight popular HEMS solutions, tips for energy efficiency, and in-depth guides to help users select and implement the best systems for their unique needs. Ultimately, our website aims to raise awareness of HEMS, empower informed decision-making, and encourage sustainable living practices. By bridging the gap between technology and environmental responsibility, we envision a future where smart home technology seamlessly supports eco-conscious choices for a sustainable world.

Reference

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